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essential + common sense

# Essential Pearl

Weekly self\* tip



Issue 53  
Monday 18th, January 2010

## PASSION

When you're living life with **Passion**, You're living with **Excitement, Enthusiasm and Confidence!**  
**Decide Today! to Live with Passion!**  
You'll live each day **Energized and Eager** for what's ahead.

What are you passionate about?  
*Check out our website its almost complete...*

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Essential Gym is an holistic coach approach to sustainable SELF\* Wellness.

*Tone Up - Your Mind, Body and Soul!*

\*Self: Soul Essence Love Fulfillment

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