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essential + common sense

# Essential Pearl

Weekly self\* tip



Issue 54  
Monday 25th January 2010

## The Importance of Clarity!

What do you Want?  
What do you **Truly** Want?  
To receive your **Desired Outcome** it's imperative to be **Clear** and **Precise** about your **Intention** (goal).

**Visualise** and **Write** down ALL the **Details, Feelings** and **Time Frames**.

Ask – What is your souls vision?  
Is this what I truly want? *Jane's blog*

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*Tone Up - Your Mind, Body and Soul!*

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**Jane Thomas** ACC  
Principal Coach  
Essence Coaching



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