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Subject: Essential Pearl 64- Reflection and Resurrection

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# Essential Pearl

Weekly self\* tip

Issue 64  
Monday 12th April, 2010

## Reflection and Resurrection!

Reflect on what you have, what you've done, what is and Who you are Being!  
Resurrect those things that have slipped over time but are still Important to YOU!

*Apologies for no Essential Pearl last week  
I have been battling computer gremlins.*

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Tone Up - Your Mind, Body and Soul!  
\*Self: Soul Essence Love Fulfillment

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