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Subject: Essential Pearl 64- Reflection and Resurrection

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# Essential Pearl

Weekly self\* tip

Issue 64  
Monday 12th April, 2010

**Reflection and Resurrection!**  
**Reflect** on what you have, what you've done, what is and Who you are Being!  
**Resurrect** those things that have slipped over time but are still **Important to YOU!**

*Apologies for no Essential Pearl last week  
I have been battling computer gremlins.*

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Tone Up - Your Mind, Body and Soul!  
\*Self: Soul Essence Love Fulfillment

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