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Subject: 3 - Essential Elements for the Future

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Essential Pearl

Weekly self* tip

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4 Future Essential Elements!

Perseverance – keep focused to the end ([check out Meg Wheatley](#))

Adapt – Change and Flex with the Flow!

Simplicity – the new Abundance!

Connected – to the Earth, Others and a Higher Consciousness!

Keep these 4 Essential Elements in mind for Your Future Success!


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Tone Up - Your Mind, Body and Soul!
*Self: Soul Essence Love Fulfillment

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