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To: email@example.com
Subject: Essential Pearl 75 – Pure Intentions!

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Essential Pearl

Weekly self* tip

Issue 75
Monday 5th July, 2010

Pure Intentions!

When the Intention is Pure,
Your Belief Absolute,
The Will to Pursue a *Driving Force!*

Then the Execution becomes Effortless,
Flowing, Graceful and Certain!

Examine your Intentions Today!


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Essential Gym is an holistic coach approach to sustainable SELF* Wellness.
Tone Up - Your Mind, Body and Soul!
*Self: Soul Essence Love Fulfillment

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