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Subject: Essential Pearl 75 – Pure Intentions!

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# Essential Pearl

Weekly self\* tip

Issue 75  
Monday 5th July, 2010

Pure Intentions!

When the Intention is Pure,  
Your Belief Absolute,  
The Will to Pursue a *Driving Force!*

Then the Execution becomes Effortless,  
Flowing, Graceful and Certain!

Examine your Intentions Today!


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Essential Gym is an holistic coach approach to sustainable SELF\* Wellness.  
*Tone Up - Your Mind, Body and Soul!*  
\*Self: Soul Essence Love Fulfillment

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